

Engaging In Prevention Best Practices and Achieving Compliance On The Way



Holly Rider-Milkovich

Vice President of Education Strategy

Holly leads the Education Strategy team at Vector Solutions, helping ensure that the thought leadership we deliver to our customers is based on research and established best practice. She's also our subject matter expert on preventing sexual and gender-based harassment and violence. Holly joined Vector Solutions from the University of Michigan where she oversaw the institution's prevention and advocacy efforts for nearly a decade.

Holly also brings national policy experience to her role as one of the rulemakers for the 2014 Clery Act regulations and an advisor to the Obama Administration White House Taskforce on preventing campus sexual assault. She brings over 25 years' of experience in preventing and responding to sexual and gender-based violence in higher education, workplaces, and communities.



- Nexus Between Clery and Title IX
- Prevention Best Practices that Apply To Clery and Title IX
- Campus Climate Survey Primer



The Nexus Between Clery Act & Title IX

Title IX

- Actor-focused
- Civil rights law
- More focus on response to incidents
- Typically focused on individual action
- Includes sexual harassment

Institutional Policy & Processes

Training, Education & Awareness of rights and processes

Prevention of behavior (primary and tertiary)

Clery Act

- Geographyfocused
- Consumer education
- Greater focus on prevention and awareness
- Focused on population level



If a school knows or reasonably should know about sexual harassment or sexual violence that creates a hostile environment, the school must take immediate action to eliminate the sexual harassment or sexual violence, prevent its recurrence, and address its effects.

What Does Clery Mean By Prevention?



Clery Act Language on Prevention and Training

Programs to prevent dating violence, domestic violence, sexual assault, and stalking:

(i) **Comprehensive, intentional, and integrated** programming, initiatives, strategies, and campaigns intended to end dating violence, domestic violence, sexual assault, and stalking that—

(A) Are culturally relevant, inclusive of diverse communities and identities, sustainable, responsive to community needs, and informed by research or assessed for value, effectiveness, or outcome; and

(B) Consider environmental risk and protective factors as they occur on the **individual, relationship, institutional, community, and societal levels.**



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What Does Effective Prevention Look Like?



The "When" of Prevention

| UPSTREAM | 1 | → DOWNSTREAM |
|---|--|---|
| PRIMARY before | SECONDARY during/after | TERTIARY after |
| Identifying and addressing root causes | Risk reduction and early identification | Treatment, recovery, and accountability actions |
| Gender role stereotypes Norm misperceptions Upbringing and family | Self-defense classes Emergency lights Bystander intervention | Health services Counseling & support Disciplinary process |
| | Disciplinary process | Reintegration |

Vector Solutions

The "Who" of Prevention

UNIVERSAL

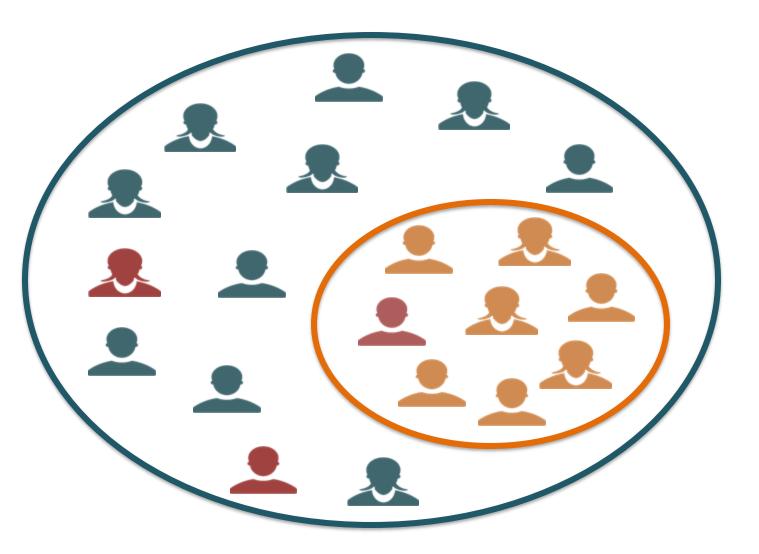
Addresses entire population; deters onset of risky behavior

SELECTIVE

Targets sub-sets considered to be at increased risk *

INDICATED

Targets individuals with early warning signs





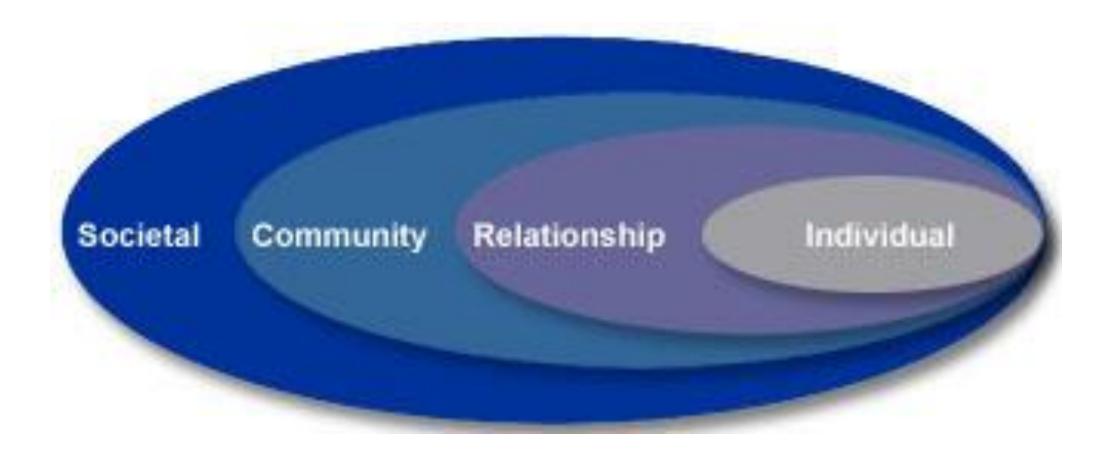
Programming Insights

Which populations receive specific, targeted sexual assault prevention programming?

| Most Targeted Selective | | Least Targeted Selective | |
|--------------------------------|---------|---------------------------------|---------|
| Groups | Average | Groups | Average |
| First year students | 97% | LGBTQ Students | 30% |
| Resident advisors | 94% | Prior victims of sexual assault | 18% |
| Athletes | 81% | Racial/ethnic minority students | 14% |
| Student leaders | 71% | Students with disabilities | 12% |
| Greek life | 60% | Non-traditional students | 11% |



The "Where" of Prevention





Building A Comprehensive Prevention Plan

The intentional development, multi-modal design, and targeted delivery of programs and messages that will maximize impact.

POLICY

PROGRAMMING

The values and expectations of the institution and its community, and the system of accountability to uphold and enforce them.

CRITICAL PROCESSES

The strategic, collaborative, and research informed translation of resources (staff/budget) into effective polices and programs.

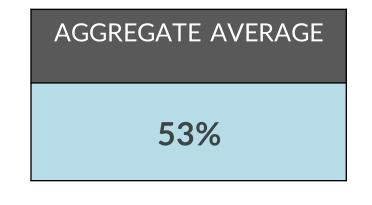
INSTITUTIONALIZATION

The degree of system-wide buy-in, visible commitment, and meaningful investment in effective prevention initiatives.

Institutionalization Insights

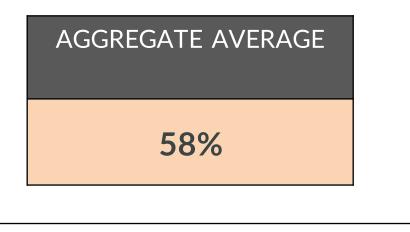
Presidential Leadership

Chancellor or President publicly spoken about sexual assault in the past 12 months at least two times.



VPSA Leadership

VP of Student Affairs publicly spoken about sexual assault in the past 12 months at least two times.





Critical Processes Insights

LOGIC MODELS

24% average 72% advanced

use a logic model to inform prevention programming



SMART GOALS

39% average 100% advanced advanced advanced advanced advanced advanced advanced advanced articulated appendix appendix articulated appendix articulated appendix articulated appendix appendix articulated appendix appendix appendix articulated appendix appendix appendix articulated appendix app STRATEGIC PLANNING

38% average

100%

engaged in a formal strategic planning process

advanced

REVIEW AND REVISE POLICY

61% average

annually review and revise sexual assault
prevention policies

advanced

What (Might) Work? What Definitely Doesn't?



Programming Best Practices Standards



VARIED TEACHING METHODS Strategies should be interactive and encourage skill-building.



SUFFICIENT DOSAGE Activities should be held frequently to have an effect and measure impact.



THEORY DRIVEN Strategies should have scientific backing or logical rationale.



CULTIVATE POSITIVE RELATIONSHIPS The most effective programs emphasize positive, healthy relationships.



COMPREHENSIVE

Programs are one piece of the prevention puzzle, and must be integrated with other efforts.



APPROPRIATELY TIMED Efforts should be timed in a way to maximize impact in the lives of participants.



SOCIO-CULTURALLY RELEVANT Programs should be tailored to cultural beliefs as well as community norms.



WELL-TRAINED STAFF Staff should be sensitive, competent and receive adequate training & supervision.



OUTCOME EVALUATED Evaluation is crucial to determining program efficacy and measuring outcomes.

Nation, et al. (2003)





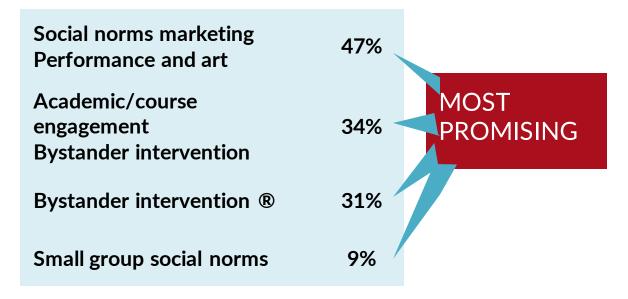
What Works? What Doesn't?

MOST AND LEAST USED POPULATION-LEVEL PREVENTION STRATEGIES

Most Used Strategies

| Awareness events | 97% |
|-----------------------------|-----------------------|
| First-year engagement | 91% LEAST EFFICACY |
| Tabling events/health fairs | 88% |
| Invited speakers | 75% |
| Online education ® | 72% |

Least Used Strategies





Preparing For Effective Climate Survey Rollout



VAWA Reauthorization and Requirements

What We Know

- IHEs must administer a campus climate survey to students every two years on issues related to sexual assault, dating and domestic violence, sexual harassment, and stalking.
- The Department of Education (ED) will supply the survey instrument sometime in 2023 (?)
- Institutions must report the data findings to ED and make it available to the public on a website.
- Institutions must ensure sufficient response; Failure to comply could result in loss of federal funding.

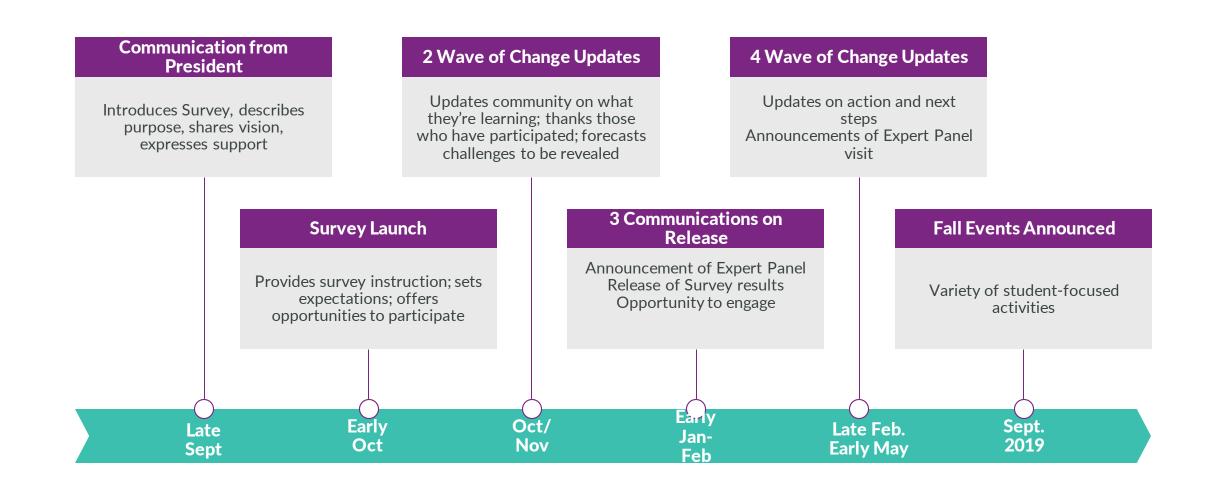


A Recipe for Communicating About Sexual Violence





Case Study: Tulane's Wave of Change Communication Cadence





Questions (For You and For Me)



Questions to Ask About Your Program:

- 1. How often does the President/CEO speak publicly about sexual assault prevention?
- 2. How many staff on campus/in the organization are devoted to sexual assault prevention? On average, how much does your campus/organization spend per student on sexual assault/harassment prevention?
- 3. Has your campus/organization completed a climate survey? Where can community members review the results?
- 4. Is there a strategic prevention plan? Are you tracking and reporting on the outcomes and progress?
- 5. What evidence do you have that interventions are changing attitudes, behaviors, and beliefs? What research is your intervention based on?
- 6. How do you ensure students are trained on sexual assault prevention AFTER their first year? How are employees routinely trained? How are you tracking that training?
- 7. How often does your college train faculty on prevention? How often are staff trained on prevention? Is training mandated? Do you assess for efficacy



Thank you! Holly Rider, VP Education Strategy holly.rider-milkovich@vectorsolutions.com





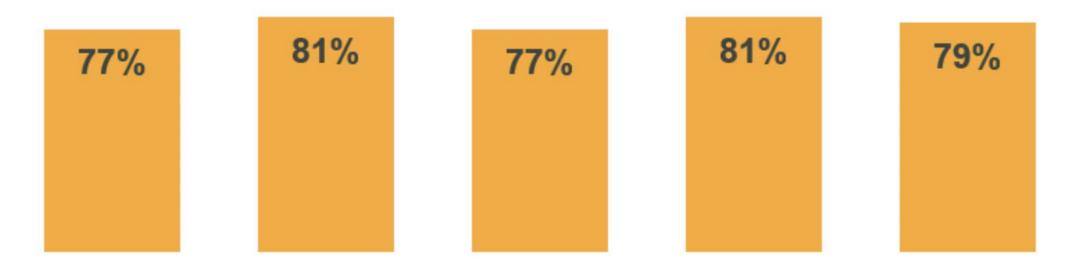
University System of Georgia Data Highlights from 2022-2023 & New Vector Developments Snapshot of USG's 2022-2023 Impact across Georgia: SAPU Course utilization





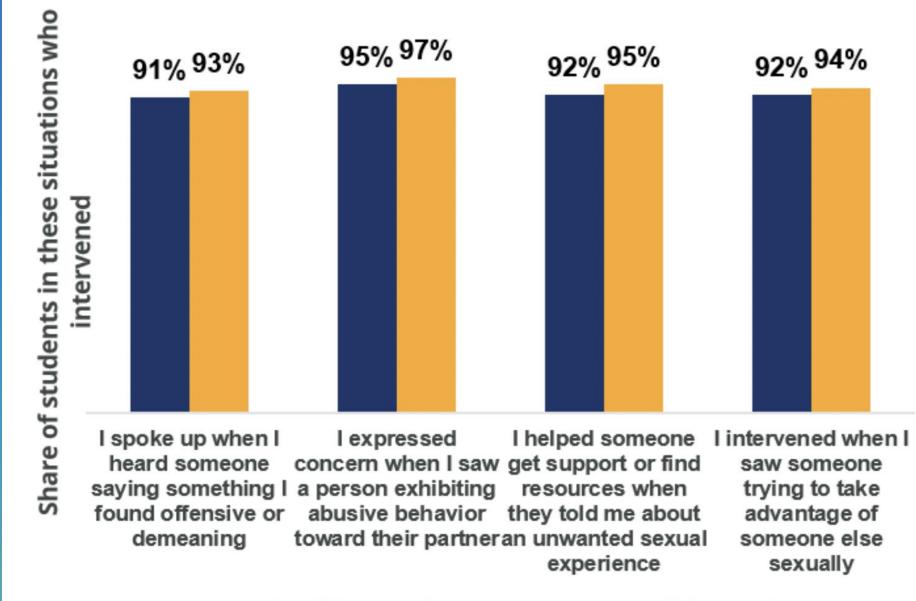
And these students told us...





My school does a Officials at my My school is I feel part of a There are good school take reports committed to caring community support resourcesgood job protecting of sexual assault preventing sexual that looks out for at my school for the safety of students. seriously. students going one another at my assault. through difficult school. times.





92% Students would comunicate expectations about a sexual situation with their partners



92% Students would comunicate expectations about a sexual situation with their partners

71% Students believe their peers would do the same



90% Students would refrain from sexual activity if the other person was incapacitated



90% Students would refrain from sexual activity if the other person was incapacitated

51% Students believe their peers would do the same



"I can play a role in preventing sexual assault at my institution"

37%



What's New for USG & What's New at Vector



Content Available to You through the System Contract!

Faculty/Staff:

- Clery Act Basics
- Bridges: Taking Action
- Building Supportive Communities: Clery Act and Title IX
- · Protecting Youth: Abuse and Neglect Prevention
- FERPA Basics

Students:

- Sexual Assault Prevention Ongoing: Healthy Relationships
- AlcoholEdu for College
- AlcoholEdu for Sanctions
- Sexual Assault Prevention for Graduate Students
- Sexual Assault Prevention for Undergraduates



Mental Well-Being for Athletes--NEW!

Content Includes:

- Understanding Mental Well-Being
- Risk and Protective Factors of Being an Athlete
- The Challenges of Mental Well-Being
- Ways to Respond to Concerns about Mental Well-Being (for Self or Others)
- How to Find Help and Resources
- Foundational Knowledge
- Positive Framing
- Athlete-specific Scenarios
- Flexible to Learner
- Knowledge Checks





Hazing Awareness and Prevention for Students—NEW!

Module Introduction and Course Overview

Module Understanding Hazing

Module Conclusion

Module **Contractions** Identifying and Reporting Hazing

CannabisEDU—NEW!

Information on cannabis changes rapidly. That's why Vector Solutions has updated its cannabis awareness course to reflect the most recent academic research and pedagogy.

CannabisEDU is a 23-minute online course that offers information to help students make informed decisions about cannabis use or non-use, including how to know when someone's usage has become problematic.

Course topics include:

- The impact of cannabis on brain development and function
- Information on the THC content in vapes
- CBD vs. cannabis
- Misperceptions of cannabis use
- Different types of addiction in relation to the risk of using cannabis
- Links for students to do additional research on their own

CannabisEDU also gives administrators the ability to add an unlimited number of configurable pages at the beginning and end of each course module (five total) so they can relay important institution- or organizationspecific processes and policies.





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